



RESTAURANT

AUTUMN MENU

(Dietary information)

The word *tapas* means 'cover' and comes from the old Spanish tradition of covering drinks in bars and restaurants with a piece of bread or a slice of jamon to stop flies and insects from taking a sip. Please enjoy the food produced by the chefs at Sault, led by our Spanish-born head chef, Santiago Nine-Fernandez.

To start

Baked almonds, Murray River salt, dried black olives, chili Dairy free, gluten free, vegetarian Contains chili, nuts, cooked egg white	3.50
Mediterranean-style marinated Manzanilla olives Dairy free, gluten free, vegan	3.75

Tapas from the paddock

Sher Wagyu beef empanadas, chorizo, piquillo pepper (2 per serve) Contains gluten, beef and pork, onion, garlic	9.50
Soft taco of free-range chicken, corn tortilla, mojo rojo, red bean purée, avocado, tomato and chili relish, coriander (2 per serve) Gluten free, Dairy free if altered Contains dairy, garlic, onion, capsicum, chili	14.50
Duck liver parfait, Pedro Ximenez jelly, brioche Gluten free if altered Contains duck, dairy, garlic, onion, alcohol, gluten	11.50

Tapas from the sea

Grilled scallop, sobrassada, cauliflower purée, tapioca caviar (2 per serve) Gluten free, pork free if altered Contains dairy, shellfish, pork	12.50
Basque-style blue swimmer crab, chickpea crisp, potato and saffron aioli Dairy free, egg free and gluten free if altered Contains shellfish (crab), egg, onion, garlic, paprika, gluten	14.50
Grilled octopus, confit potato, black garlic aioli, edamame bean, smoked paprika, olive oil Dairy free, gluten free, egg free if altered Contains egg, shellfish, garlic	16.50

Tapas from the garden

Organic beetroot, Meredith goats cheese, liquorice, roasted hazelnuts Gluten free, vegetarian, nut free or dairy free if altered Contains dairy, nuts	10.50
Manchego cheese and sundried tomato croquettes, tomato powder, romesco (2 per serve) Nut free if altered Contains gluten, onion, dairy, garlic, nuts (hazelnuts)	8.50
Sault's Spanish omelette: 63°C free-range egg, crispy potato, potato foam, chive hollandaise Gluten free, vegetarian, nut free Contains dairy, egg	11.50



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Something more substantial

Herb-crusted lamb loin, slow-cooked lamb belly, roast carrots, Spinach and lovage purée Nut free and Gluten free if altered Contains lamb, garlic, gluten, dairy	26 / 35
Roast corn-fed duck breast, confit pear, salted almond cream, baby turnips, saba Gluten free, dairy and nut free if altered Contains duck, nuts (almonds), dairy	36
48-hour braised Hopkins River Beef oyster blade, mushroom, mustard, radish, capers Gluten and nut free, dairy free and mushroom free if altered Contains beef, mushrooms, onion, dairy, garlic	27 / 36
Musquée de Provence pumpkin gnocchi, San Simon cheese fondue, curry-citrus purée, salted pumpkin seed praline Contains gluten, dairy, egg, citrus	31
Fish of the day	Market Price

Accompaniments from the garden

Triple-cooked royal blue potatoes topped with aioli and brava sauce Gluten free, can be dairy free, egg free, garlic and onion free if altered Contains onion, garlic, raw egg	9
Green beans with chorizo crumbs, spring onions, cashews, poached quail egg Can be vegetarian, vegan, garlic, gluten, onion and nut free if altered Contains gluten (sourdough crumbs), pork (chorizo), onion, nuts, egg	9.50
Seasonal green salad, garden herbs, green vegetables, pistachio, herb dressing Vegan, gluten free, dairy free Contains nuts (pistachios), can be altered to avoid intolerances	9.50

*Sault is committed to using and sourcing only the freshest quality produce available.
Due to seasonal inconsistencies, occasionally dishes may need to be substituted or altered.
Sault is a proud member of the Daylesford Macedon Produce Group
AMEX card payments will incur a 2.5% surcharge*



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Something sweet

Kennedy and Wilson dark chocolate fondant tart, chestnut and vanilla cream, aged rum and raisin ice-cream, organic cocoa nibs (please allow 15 mins cooking time)	16
Gluten free	
Contains nuts (almond), dairy, cooked egg, animal derived gelatine, alcohol	
Musquée de Provence pumpkin cheesecake, white chocolate, poached quince, quince paste, red wine ice-cream	16
Gluten free	
Contains dairy, alcohol, cooked egg	
Organic apple tart, salted caramel, apple pie ice-cream, almond crumble (please allow 15 mins cooking time)	16.50
Contains gluten, dairy, nuts (almonds)	
Affogato: Vanilla bean ice-cream, espresso, Frangelico, vanilla and hazelnut biscuits	16.50
Gluten free if altered, nut free if altered	
Contains gluten, dairy, nuts	
Sault's selection of regional and Spanish sourced cheese with condiments and breads (3 cheeses)	19.50

* All desserts may contain nuts - please advise of any nut allergy when ordering dessert so that we can alter it if possible.

Tea & Coffee

Sault uses UTZ certified sustainable coffee beans

Espresso	3.70
Latte, Flat White, Cappuccino, Long Black, or Macchiato (50c extra for soy milk)	4.20
Iced Coffee / Iced Chocolate	6.70
Hot Chocolate	5.00
Tea - English breakfast, Earl Grey	4.20
Herbal Tea - Lemongrass and Ginger, Peppermint, Chamomile, Lavender and Daintree, or Green	4.50

Dessert wines & after dinner

Telmo Rodriguez 'MR' Moscatel 60ml / 500ml, Spain	15/82.50
De Bortoli 'Noble One' 60ml / 375ml, NSW	11/56.00
Patrizi Moscato D'Asti, DOCG - Piedmont, Italy	9.50/39.00
Port, Muscat, 60ml	10.50
Rutherglen Tokay 60ml	11.50
Pedro Ximenez 60ml	12.50
12 year aged Tawny Port 60ml	12.50
Penfolds Grandfather Port 60ml	18.00
Courvoisier Cognac 45ml	16.00
Hennessy Cognac 45ml	16.00
Amaretto, Armagnac, Baileys, Cointreau, Frangelico 30ml	9.50
45ml	12.50



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Glossary

Basque: The Basque country is an [autonomous community](#) of northern [Spain](#). *Basque-style* crab refers to txangurro (changurro) - the [Basque](#) crab, cooked with white wine, brandy, onion, leek, carrots and tomato.

Brava sauce: is a dish native to Spain, often served as a tapa in bars with potatoes. The sauce is made of olive oil, tomato, garlic, red pepper, paprika, chili, and vinegar. In some areas, the dish is traditionally served alongside aioli, known as *patatas mixtas*.

Brioche: is a pastry of French origin that is akin to highly enriched bread, whose high egg and butter content give it a rich and tender crumb.

Cecina: In Spanish, *cecina* means, "meat that has been salted and dried by means of air, sun or smoke". Cecina is similar to ham and in this instance is made by curing wagyu beef. The best known *cecina* is *Cecina de León*, which is made of the hind legs of beef, salted, [smoked](#) and air-dried in the province of [León](#) in north-western Spain.

Edamame bean: is a preparation of immature soybeans in the pod. The pods are boiled or steamed and often served with salt.

Empanada: is a stuffed bread or pastry baked or fried in many countries in Latin Europe, Latin America, the Southwestern United States, and parts of Southeast Asia. The name comes from the Galician, Portuguese and Spanish verb *empanar*, meaning to wrap or coat in bread.

Jamón serrano: "Serrano ham", literally ham from the sierra or mountains, is a type of *jamón* (dry-cured Spanish ham), which is generally served in thin slices or occasionally diced. The majority of serrano hams are made from the landrace breed of white pig.

Lovage: is a herb that has a dark green leaf with the look and smell of celery and yellow flowers that bloom in June / July. The lovage plant was cultivated in medieval times for culinary and medicinal purposes.

Mahón cheese: is a soft to hard white cheese made from cow's milk, named after the natural port of Mahón on the island of Minorca off the Mediterranean coast of Spain. Mahón has some characteristics specific to it, despite aging. In general the cheese is buttery sharp, slightly salty and lightly aromatic (sweet and nutty aromas) in taste.

Manchego cheese: is made in the La Mancha region of Spain from the milk of sheep of the *manchega* breed. Manchego has a firm and compact consistency and a buttery texture, and often contains small, unevenly-distributed air pockets. The cheese has a distinctive flavour, well developed but not too strong, creamy with a slight piquancy, and leaves an aftertaste that is characteristic of sheep's milk.

Musquée de Provence pumpkin: is an heirloom pumpkin originating from southern France, with a deep orange flesh (at Sault we use a locally grown organic product from Mt. Franklin).

Romesco: Catalanian (Spanish) thick sauce made with roasted almonds, hazelnuts, tomato, garlic, capsicum, olive oil and vinegar.

Saba: is a syrup made from grape must.

San Simon cheese: is produced in the remote area of Galicia, Spain. San Simon is aged (from 2-5 weeks) and smoked, practices that became common-place when farmers began making the cheese without the aid of refrigeration. San Simon has a delicious, creamy buttery texture with a slightly smokey flavour. The cheese has a thin chestnut-orange rind, a soft inside and is mild but full of flavour.

Sobrassada: is cured sausage from the Balearic Islands, made with ground pork, paprika, salt and other spices.

Sofrito: is a sauce used as a base in Spanish, Portuguese, and Latin American cooking. Preparations vary, but sofrito typically consists of aromatic ingredients cut into small pieces and sauteed or braised in cooking oil. In Spanish cuisine, sofrito consists of garlic, onion, peppers and tomatoes cooked in olive oil.

Some of our wonderful suppliers include:

Hopkins River Beef, Dunkeld VIC; Meats on Brooke, Inglewood VIC; Sher Wagyu, Ballan VIC; Mt Franklin Organics, Mt Franklin VIC; Central Highlands Herbs, Linton VIC; Tonna's Fruit and Vegetables, Daylesford VIC; Istra Smallgoods, Musk VIC; Country style smallgoods, Ballarat VIC; Mikelham Free Range, Gisborne VIC; Clamms Seafood, Yarraville, VIC; Camilo Olives, Teesdale VIC; Maffra Cheese, Tinamba VIC; Meredith Goat Cheese, Meredith VIC; Red Hill Cheese co, VIC.