



RESTAURANT

AUTUMN / WINTER 2016

(Dietary information)

Sault's tasting menu \$80pp

Cheese course \$12 supplement

Our tasting menu is crafted following traditional recipes of the Spanish gastronomy and inspired by ancient cookbooks and techniques, designed by our head chef Santiago Fernandez.

Please allow approximately 2 hours to enjoy this menu.

We are happy to assist you with recommendations for wine matching.

First

Tortilla Española - Chive hollandaise, potato foam,
potato crisps, Avruga caviar

Contains egg, dairy, chives, seafood

Gluten free, Vegetarian if altered, nut free

Second

Garum-marinated blue mackerel, green tomato emulsion, capers,
San Simon cheese, sourdough

Contains gluten, dairy, seafood

Nut free, garlic free, onion free, egg free

Third

Tempura octopus, hazelnut romesco, tomato powder

Contains nuts, egg, garlic, seafood

Gluten free, dairy free, onion free

Fourth

Cannelloni of Alcantara-style pheasant,
almond béchamel, truffle jus (19.50)

Contains nuts, dairy, gluten, poultry, onion, garlic, egg

Fifth

Mt.Beckworth free-range suckling pig, quince,
cider, chamomile

Contains pork, alcohol

Gluten free, dairy free, nut free

Sixth

Red fruit and Cabernet Sauvignon sangria,
red wine ice-cream

Contains alcohol (wine), dairy

Gluten free, dairy free if altered

Seventh

Pastel Vasco, Morello cherry sorbet, coulis (16)

Contains nuts, gluten, dairy, egg



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Glossary

Alcantara-style pheasant: is a recipe made with pheasant or partridge stuffed with duck liver (pate or foie gras) truffles and cooked with Port. This recipe was found in the famous convent of Alcantara (Extremadura, Spain) at the time of the Napoleon's campaign in Portugal in 1807 headed by General Junot's soldiers. The famous Library of the Convent of the monks of Alcantara was ransacked of precious manuscripts, some sent to the Imperial Bibliotheque of Paris and others burned at the pyre. The famous French chef Auguste Escoffier mentioned that this recipe "was one of the best war trophies of all times".

Garum: Is a popular fish sauce condiment. Traditionally, it was made by the crushing and fermentation in brine of the intestines of fish such as tuna, eel, anchovies, and mackerel. Garum, described by the Roman's as "that exquisite liquor" could be very expensive indeed. Garum sociorum, a prized garum from New Carthage, sold for 1000 sestertii per 2 congii. A congius was about 3 litres, and 1000 sestertii was a legionary's yearly wage.

Octopus: (polypus - Latin). The ancients praised octopus as a food and attributed the eating of it to the power of restoring lost vitality.

Pastel vasco or Basque gateau: Consists of a pastry made with flour, almond meal, butter and eggs, usually filled with pastry cream. It is a dessert whose origin is in the Basque region of France. Its origin lies in the XVIII century in the town of Cambo labortana, when it was filled with fruit like figs, blackberries, apricots and cherries Itsasu. From the nineteenth century the Spanish began to fill with pastry cream. The French version often has a layer of fruit jam.

Romesco: is the most typical sauce from Tarragona (Catalonia, Spain) typically made from any mixture of roasted or raw [almonds](#), [pine nuts](#) and/or [hazelnuts](#), roasted [garlic](#), tomatoes, [olive](#) oil, red wine vinegar and [nyora peppers](#) (a sun-dried small, round variety of red [bell pepper](#)). [Bread](#) may be used as a thickener or to provide texture. The first versions of this sauce may have Arab or Jewish origins but it wasn't until the discovery of America when tomato and peppers became popular that it was used more often in cooking. The elderly folks say that romesco first appeared on the small fishing boats and it is documented from the end of the XIX century, using the ingredients they had within reach: garlic, dry bread, dry peppers, oil, salt and wine, which they ground in a mixing bowl and then sautéed, adding the fish of the day and making a "suquet" (a dip) that they called romesco.

San Simon Cheese: is smoked cheese made from raw or pasteurized cow's milk, with a minimum 30-day ripening period. It has a typical aroma and flavor, with a smoky note from using birch wood. The cheese texture is fine, fatty, semi-hard, semi-elastic and dense. It has a creamy yellow color.

Sangria: is a typical beverage from [Spain](#) and [Portugal](#). It normally consists of [red wine](#), chopped fruit, a sweetener, and a small amount of [brandy](#).

Tortilla Española or Spanish omelette: is a Spanish dish consisting of an omelette made with eggs and potato, fried in olive oil. Some additions to the base ingredients include onion, green peppers, jamon or chorizo. The first reference to the tortilla in Spanish is found in Villanueva de la Serena (Badajoz) in the year 1798. The invention is attributed to Joseph de Tena Godoy and the Marquis of Robledo two landowners who were trying to find a cheap food (based on potato) to alleviate famine.